

Maine

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, [click here](#).

In **Maine**, 177 substance abuse treatment facilities responded to the 2002 N-SSATS, reporting that there were 6,621 clients in substance abuse treatment on March 29, 2002. The survey response rate in **Maine** was 91%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 29, 2002			
	No.	%	All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	100	57%	3,356	51%	440	54%
Private for-profit	65	37%	2,601	39%	341	42%
Local government	3	2%	117	2%	8	1%
State government	1	1%	155	2%	—	—
Federal government	4	2%	231	4%	—	—
Dept. of Veterans Affairs	3	2%	212	3%	—	—
Dept. of Defense	1	1%	19	<1%	—	—
Indian Health Service	—	—	—	—	—	—
Other	—	—	—	—	—	—
Tribal government	4	2%	161	2%	33	4%
Total	177	100%	6,621	100%	822	100%

Primary Focus of Facility

	Facilities		Clients in Treatment on March 29, 2002			
	No.	%	All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	69	39%	4,157	63%	567	69%
Mental health services	14	8%	405	6%	15	2%
General health care	12	7%	204	3%	20	2%
Mix of mental health & substance abuse treatment services	78	44%	1,808	27%	199	24%
Other/unknown	4	2%	47	1%	21	3%
Total	177	100%	6,621	100%	822	100%

Substance Abuse Problem Treated

	Facilities ¹		Clients in Treatment on March 29, 2002			
	No.	%	Clients		Clients per 100,000 Pop. Aged 18 and Over	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	127	96%	3,012	51%	246	
Clients with drug abuse only	87	66%	1,346	23%	123	
Clients with alcohol abuse only	107	81%	1,612	27%	148	
Total²	132		5,970	100%	517	

¹ Facilities may be included in more than one category.

² Excludes 45 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities ¹		Clients in Treatment on March 29, 2002				
			All Clients		Clients Under Age 18		
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	155	88%	6,190	94%	20	783	95%
Regular outpatient	155	88%	4,628	70%	18		
Intensive outpatient	22	12%	196	3%	9		
Day treatment/partial hospitalization	16	9%	178	3%	7		
Detoxification	13	7%	30	1%	0		
Methadone/LAAM maintenance	5	3%	1,158	18%	289		
Residential	25	14%	295	5%	12	39	5%
Rehabilitation	25	14%	295	5%	12		
Detoxification	1	1%	—	—	—		
Hospital Inpatient	12	7%	136	2%	2	—	—
Rehabilitation	3	2%	91	1%	41		
Detoxification	12	7%	45	1%	0		
Total	177		6,621	100%	19	822	100%

¹ Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	2	40%
Detoxification only	2	40%
Both maintenance and detoxification	1	20%
Total	5	100%
Clients in Facilities with OTPs	1,170	
Methadone	1,169	
LAAM	1	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	160	90%
Private health insurance	136	77%
Medicare	85	48%
Medicaid	146	83%
Other State-financed health insurance	76	43%
Federal military insurance	91	51%
Other type of payment	16	9%
Sliding fee scale	133	75%
Other payment assistance	48	27%

Facility Capacity and Utilization Rate

	Residential	Hospital Inpatient
No. of facilities ¹	17	5
No. of clients	249	113
Designated beds	199	58
Utilization rate	125%	195%
Designated beds per facility (average)	12	12

¹ Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	163	92%
State Substance Abuse Agency	158	89%
State Mental Health Department	75	42%
State Public Health Department/Board of Health	28	16%
Hospital licensing authority	16	9%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	40	23%
CARF (Rehabilitation Accreditation Commission)	7	4%
NCQA (National Committee for Quality Assurance)	2	1%
COA (Council for Accreditation for Children and Family Services)	3	2%
Other State/Local Agency/Organization	9	5%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Is part of organization with multiple facilities or sites	115	65%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	92	52%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	102	58%

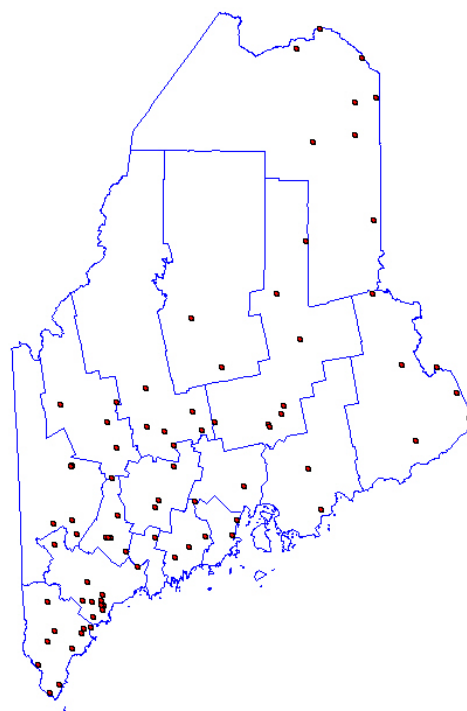
Programs for Special Groups

	Facilities	
	No.	%
Dually-diagnosed	109	62%
Adolescents	74	42%
Persons with HIV/AIDS	15	9%
Gays and lesbians	18	10%
Pregnant/postpartum women	17	10%
Women only	53	30%
Men only	41	23%
Seniors/older adults	29	16%
Criminal justice clients	55	31%
DUI/DWI offenders	97	55%
Other groups	19	11%

Types of Services Offered

	Facilities	
	No.	%
Assessment Services	169	96%
Comprehensive substance abuse assessment/diagnosis	165	93%
Comprehensive mental health assessment/diagnosis	92	52%
Substance Abuse Therapy and Counseling	173	98%
Family counseling	140	79%
Group therapy	121	68%
Individual therapy	171	97%
Relapse prevention groups	85	48%
Aftercare counseling	113	64%
Pharmacotherapies	20	11%
Antabuse	15	9%
Naltrexone	19	11%
Testing	89	50%
Blood alcohol testing	36	20%
Drug/alcohol urine screening	81	46%
Hepatitis testing	28	16%
HIV testing	27	15%
STD testing	25	14%
TB screening	32	18%
Transitional Services	161	91%
Assistance with obtaining social services	96	54%
Discharge planning	125	71%
Employment counseling/training	30	17%
Housing assistance	35	20%
Referral to other transitional services	140	79%
Other Services	113	64%
Case management services	75	42%
Child care	6	3%
Domestic violence or family/partner violence services	45	25%
HIV/AIDS education/counseling/support	48	27%
Outcome follow-up (post-discharge)	36	20%
Transportation assistance to treatment	38	22%
Acupuncture	4	2%

Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:

<http://findtreatment.samhsa.gov>

Services for the Hearing Impaired or in Languages Other than English

	Facilities	
	No.	%
Hearing impaired	76	43%
Spanish	19	11%
American Indian/Alaska Native languages	11	6%
Other	56	32%

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2002. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.oas.samhsa.gov/dasis.htm#Reports>

Access the latest N-SSATS public use files at:

<http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml>

Other substance abuse reports are available at:

<http://www.oas.samhsa.gov>



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